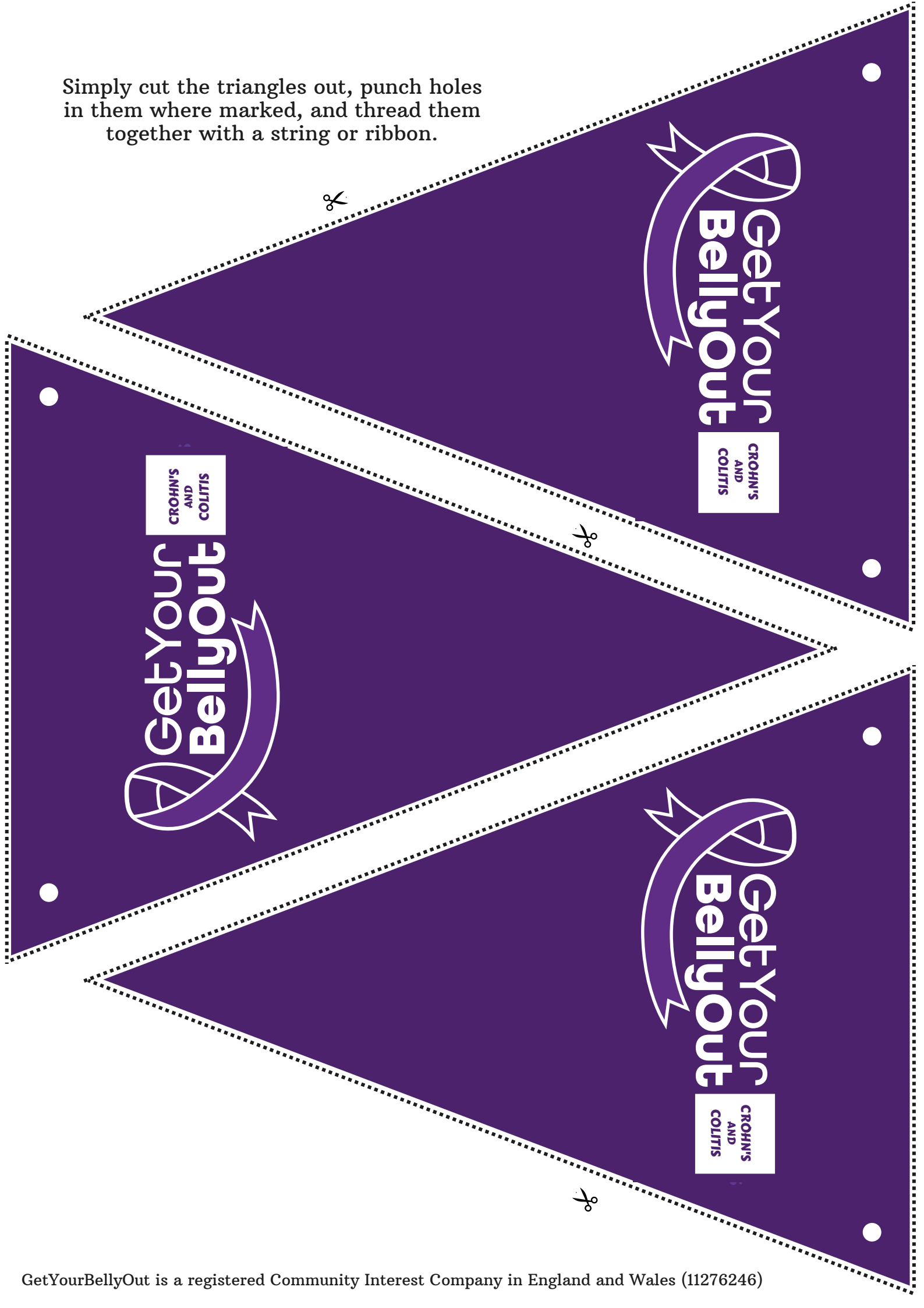Simply cut the triangles out, punch holes
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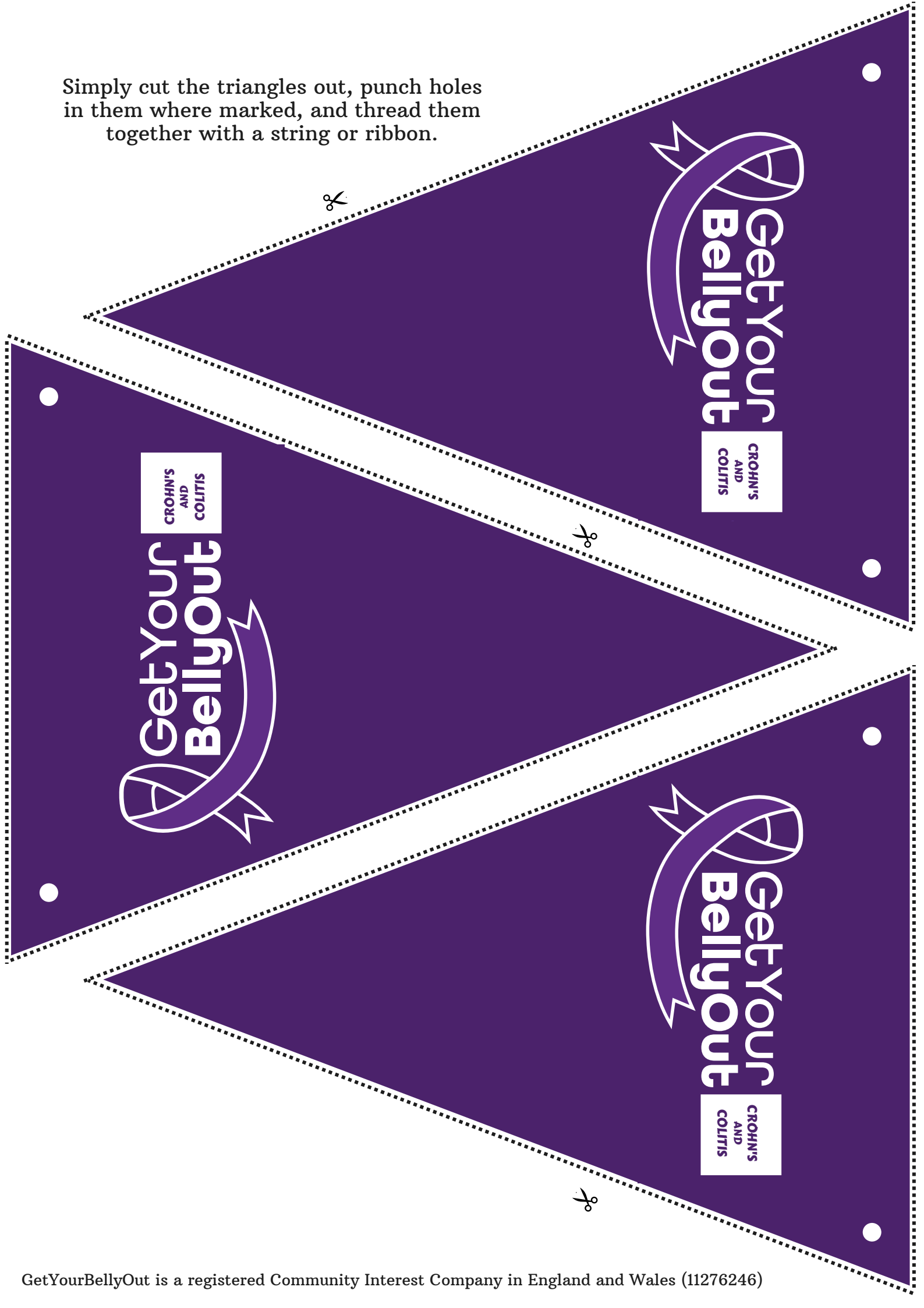GetYourBellyOut is a registered Community Interest Company in England and Wales (11276246)

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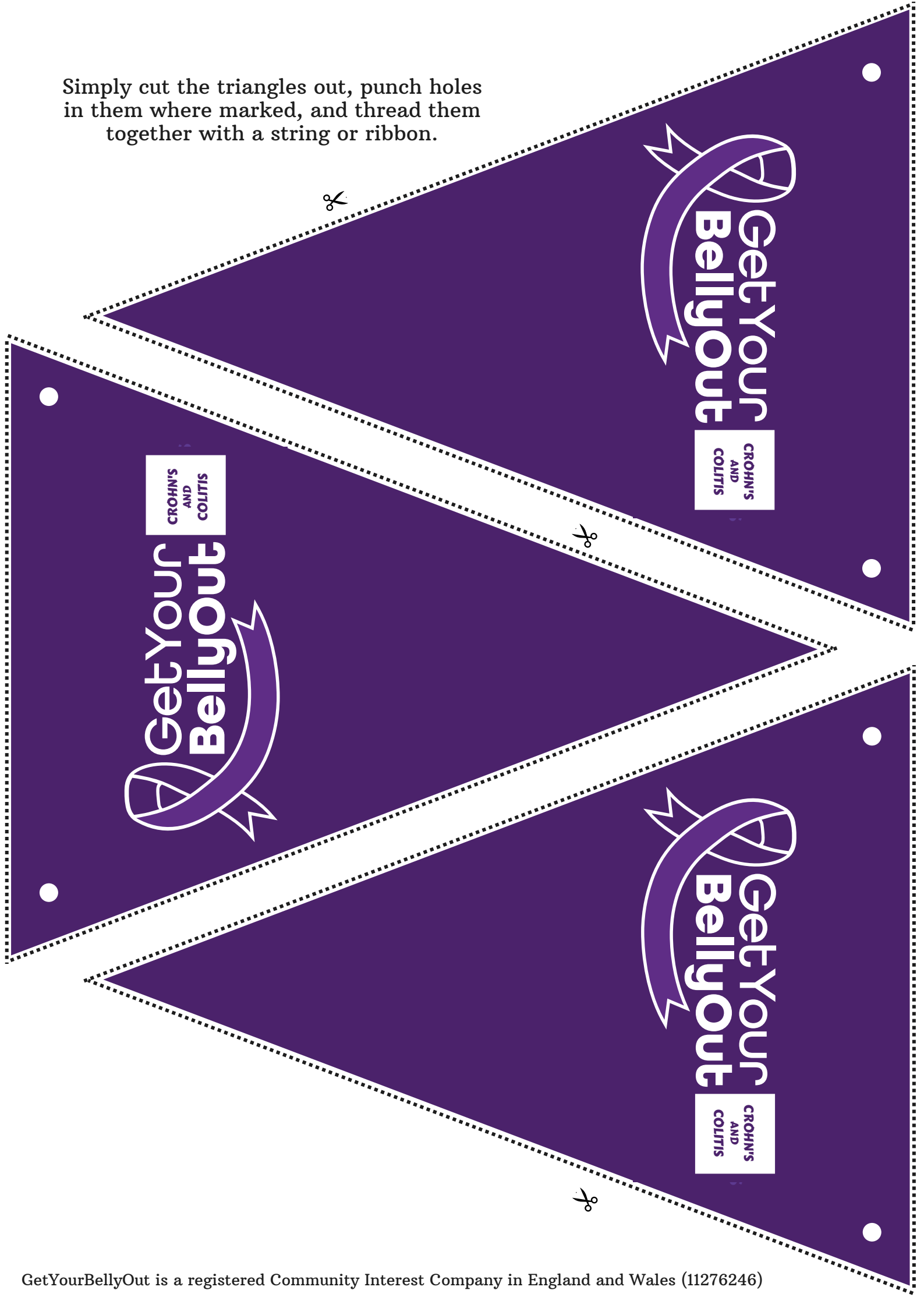GetYour BellyOut

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